



## **“You Must Not Know Who You Are”**

**By Min. Shelia Fudge**

### **Day 1: You Are Not Your Feelings**

#### **Devotional**

**Have you ever felt like you're drowning in emotions that seem to define who you are? Maybe bitterness, anger, or disappointment have become so familiar that they feel like your identity. But here's the truth: you are not how you feel. Emotions are temporary visitors, not permanent residents of your soul. When circumstances shake you and feelings overwhelm you, remember that your identity runs much deeper than your emotional state. You were created with divine purpose, and no feeling—no matter how intense—can change that fundamental truth. Your worth isn't determined by your mood swings or emotional struggles. Instead of letting feelings dictate your identity, let God's truth anchor you. When you feel unstable, remind yourself that you are built for this. You have survived 100% of your hardest days, and you will continue to overcome because your identity is rooted in something far greater than temporary emotions.**

#### **Bible Verse**

***'A double-minded person is unstable in all they do.' - James 1:8***

#### **Reflection Question**

**What emotions have you been allowing to define your identity, and how can you begin to separate your feelings from your true worth in God's eyes?**



## Quote

*The enemy want us to believe we are the way we feel. Bitter, angry, mad, upset, unstable. How we act or what we did. But I'm here to tell you, you are not how you behave.*

## Prayer

**God, help me remember that my feelings don't define who I am. When emotions try to overwhelm me, anchor me in Your truth about my identity.**

## Day 2: Made in His Image

### Devotional

**Every morning when you look in the mirror, you're seeing something extraordinary—a reflection of God Himself. Genesis 1:27 reminds us that we are made in God's image, carrying His love, creativity, and dignity within us. This isn't just a nice theological concept; it's the foundation of who you are. You didn't accidentally come into existence. You weren't an "oopsie daisy" or a cosmic mistake. You were intentionally crafted by the Creator of the universe, who embedded His own characteristics into your very being. This means you have inherent worth that no one can take away. When the world tries to diminish your value or when you struggle to see your own worth, remember that you bear the image of the Almighty God. Your creativity, your capacity to love, your ability to make moral choices—these all reflect your divine heritage.**



**You are not just human; you are a divine image-bearer with a purpose that extends far beyond what you can see.**

### **Bible Verse**

*'So God created mankind in his own image, in the image of God he created them; male and female he created them.'* - Genesis 1:27

### **Reflection Question**

**How does knowing you're made in God's image change the way you view yourself and treat your body, mind, and spirit?**

### **Quote**

*We are made in the likeness of God, reflecting his love, creativity and dignity. That's who we are.*

### **Prayer**

**Father, thank You for creating me in Your image. Help me to see myself as You see me and to live in a way that honors the divine reflection within me.**

### **Day 3: Chosen and Beloved**

### **Devotional**

**Before you took your first breath, before you made your first mistake, before anyone else had an opinion about you—God chose you. First Peter 2:9 declares that you are chosen people, a royal priesthood, a holy nation, God's special possession. This choice wasn't based on your performance, your potential, or your perfection. It was based on His love. You are not defined by your past mistakes or current struggles. God has already forgiven what**



**you've done, but sometimes we hold onto guilt longer than He holds onto our sins. You are not what others say about you—whether they call you a failure, an accident, or anything else that diminishes your worth. You are chosen by God, holy in His sight, and a sweet fragrance to Him. This divine selection gives you a confidence that no earthly circumstance can shake. When you truly grasp that the Creator of the universe has specifically chosen you, it changes everything about how you walk through life.**

### **Bible Verse**

*'But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.' - 1 Peter 2:9*

### **Reflection Question**

**What would change in your daily life if you truly believed that God specifically chose you before the foundation of the world?**

### **Quote**

*You are chosen by God. You are holy. You are a sweet fragrance unto God's nostrils. In the name of Jesus. That's who we are.*

### **Prayer**

**Lord, help me to fully embrace that I am chosen by You. Let this truth transform how I see myself and how I live each day.**

### **Day 4: A New Creation**

### **Devotional**



**Your past does not have the final word over your future. Second Corinthians 5:17 declares that if anyone is in Christ, they are a new creation—the old has gone, the new has come! This isn't just a spiritual makeover; it's a complete transformation of your identity. You are not defined by the mistakes you made yesterday, the prison time you served, or the failures that haunt your memory. You are not your circumstances or your history. You are a brand-new creation with a fresh start and unlimited potential in God. The person you were before Christ is gone. The shame, guilt, and condemnation that once defined you have been replaced with righteousness, purpose, and hope. This new identity isn't something you have to earn or maintain through perfect behavior—it's a gift that comes with your relationship with Jesus. When old thoughts try to drag you back to who you used to be, remind yourself: that person no longer exists. You are new, you are free, and you are equipped for the good works God has prepared for you.**

### **Bible Verse**

*'Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!' - 2 Corinthians 5:17*

### **Reflection Question**

**What aspects of your "old self" do you need to stop identifying with, and how can you begin to live more fully as the new creation God has made you?**

### **Quote**



*You are not your past or your circumstances. You're not even the time you served in prison. You've already survived 100% of your hardest days.*

## **Prayer**

**God, thank You for making me new in Christ. Help me to let go of my old identity and embrace the new creation You've made me to be.**

## **Day 5: His Masterpiece**

### **Devotional**

**You are not an accident, a mistake, or a random occurrence.**

**Ephesians 2:10 reveals that you are God's handiwork, His masterpiece, created in Christ Jesus to do good works that He prepared in advance for you to do. The word "handiwork" in the original Greek is "poiema," from which we get our word "poem."**

**You are God's poem, His work of art, carefully crafted with intention and purpose. Every detail about you—your personality, your gifts, your experiences—has been woven together by the Master Artist for a specific purpose. You were not created to simply exist; you were created to make a difference. God has assignments waiting for you, good works that only you can accomplish in your unique way. When you struggle with self-doubt or feel insignificant, remember that the Creator of the universe took time to craft you specifically for the role you're meant to play in His kingdom. You are not too broken, too late, or too ordinary. You are exactly what**



**God intended, and He has equipped you for everything He's called  
you to do.**

### **Bible Verse**

*'For we are God's handiwork, created in Christ Jesus to do good  
works, which God prepared in advance for us to do.'* - Ephesians 2:10

### **Reflection Question**

**What good works do you sense God has prepared specifically for  
you, and how does knowing you're His masterpiece change your  
approach to those opportunities?**

### **Quote**

*We are intentionally made. We are not a mistake. We are not a oopsie  
daisy. We are deeply loved by God.*

### **Prayer**

**Father, thank You for making me Your masterpiece. Help me to see  
the good works You've prepared for me and give me courage to  
walk in them confidently.**